



## FIRST-EVER AFRICAN STUDY: NEETS' RESILIENCE TO DEPRESSION

**WE WANT YOU!**

The University of Pretoria and partners are doing a **study** about **resilience to depression among NEETs**. NEETs are **young people** who are **not in employment, education or training**. The study starts in February 2025. We need your help to understand what makes NEETs resilient (i.e., helps them be okay even when life is difficult).

### ❖ Are You:

- 18-24 years old?
- NEET (not in employment, education or training) for at least two weeks before participating in the study?
- Comfortable speaking/reading/writing English?

### ❖ Do You:

- Live in a stressed community in Niger Delta?

If you **said yes** to **ALL** these and want to take part in the study, click on the link or scan the QR code below to provide the study with your contact details:

<https://www.surveymonkey.com/r/RNEETNigeria>



Or, send a WhatsApp or text for more information:

**Fidelis Allen on 08168023032**

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**Let's learn together about resilience and make a difference to  
the well-being of youth!**